

LAUNCHING SOON

Sanctuary Amaidiyana  
a c g h e a r t h e x p e r i e n c e

Near Auroville | Tamil Nadu

*An Oasis Of Calm*

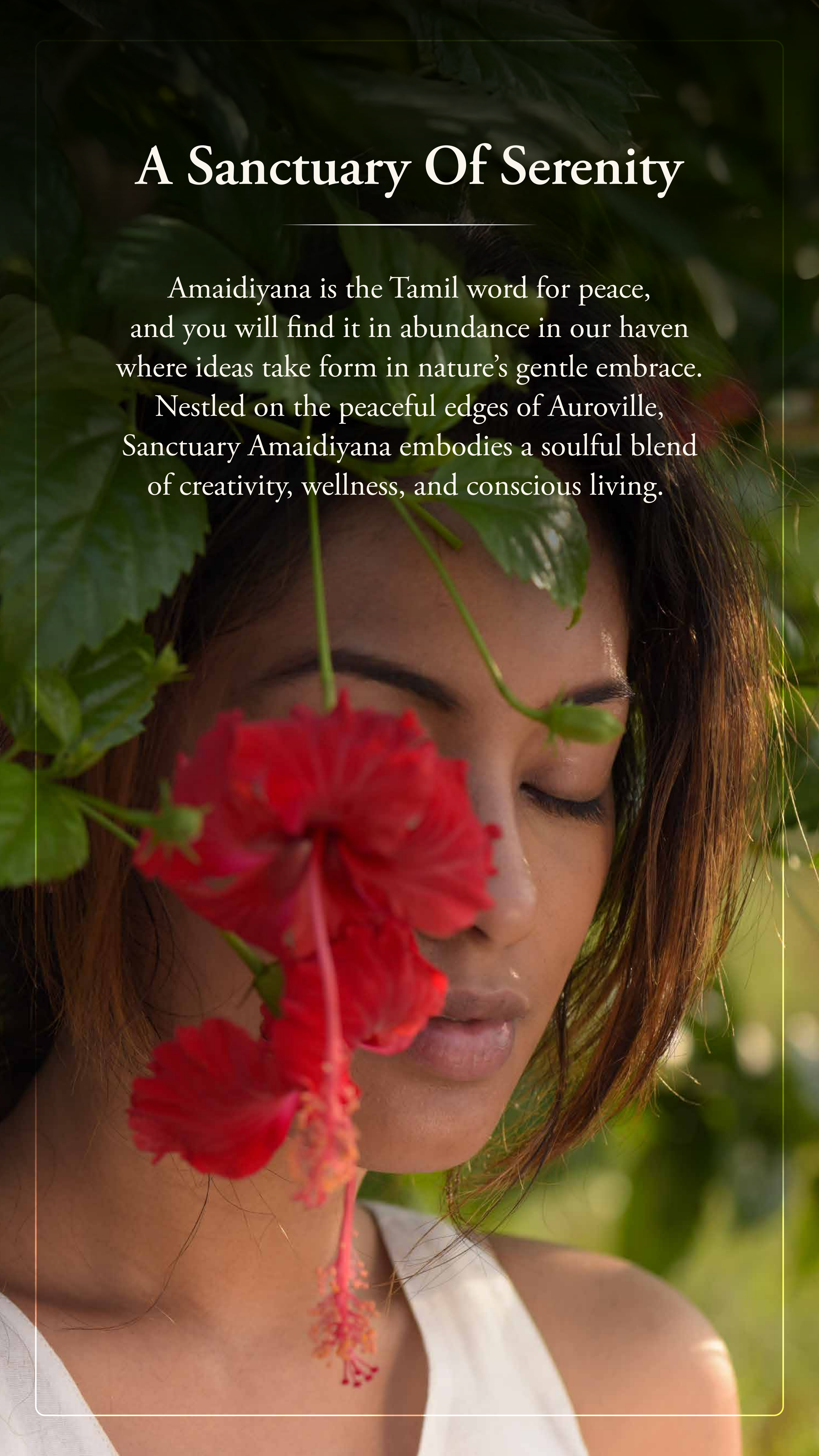




# A Sanctuary Of Serenity

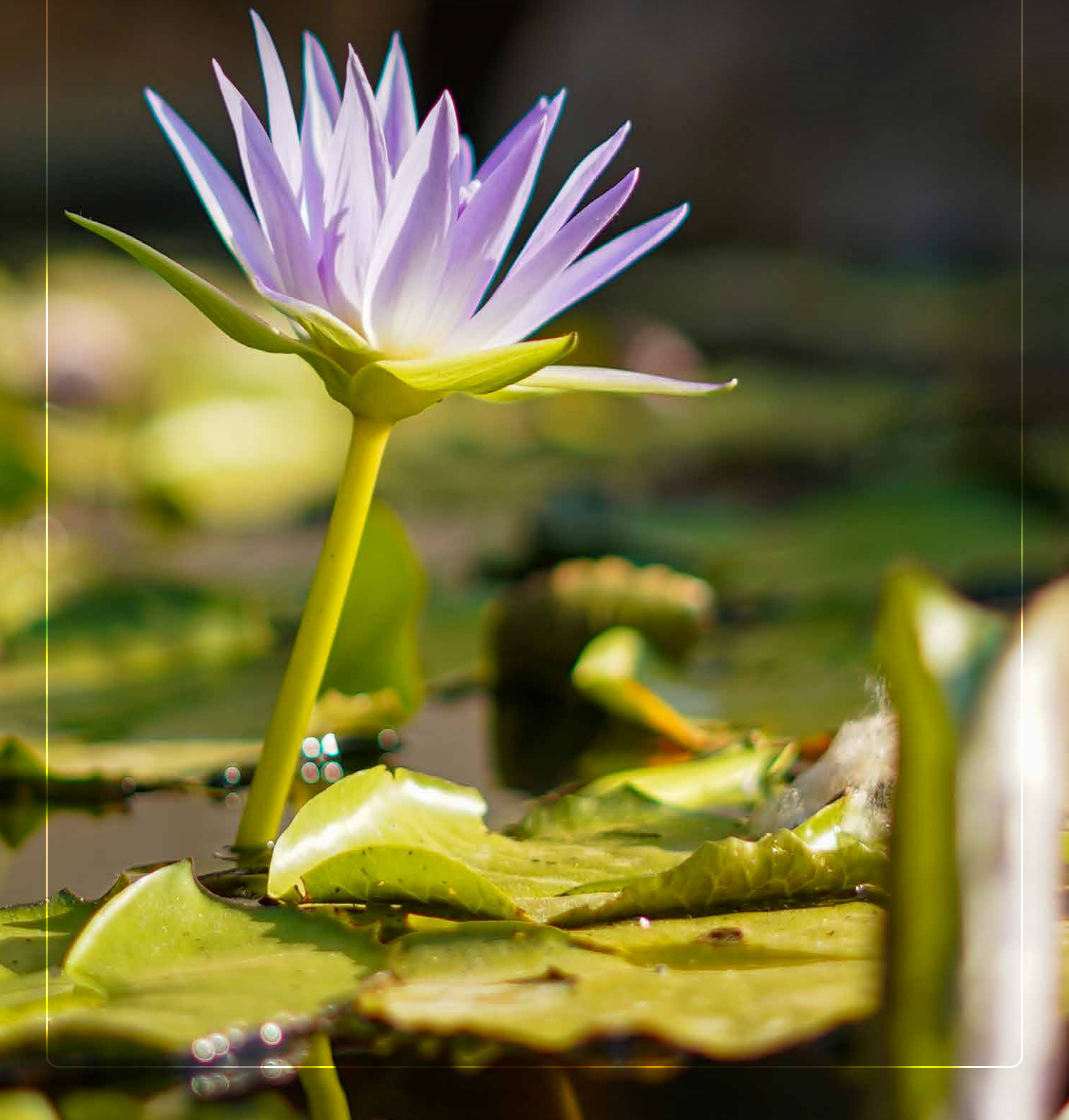
Amaidiyana is the Tamil word for peace, and you will find it in abundance in our haven where ideas take form in nature's gentle embrace.

Nestled on the peaceful edges of Auroville, Sanctuary Amaidiyana embodies a soulful blend of creativity, wellness, and conscious living.





Discover a destination where creativity finds purpose, mindfulness deepens with serenity, and every moment rejuvenates. Let the soothing therapies and curated activities replenish your inner rhythm and offer a refreshing break.









# An Architectural Ode To Tranquility

Our spaces, envisioned by Auroville-based architects Mona Doctor Pingel and Popo Pingel, are created to be in harmony with nature - blending light, air, and landscape into thoughtful, intuitive design.

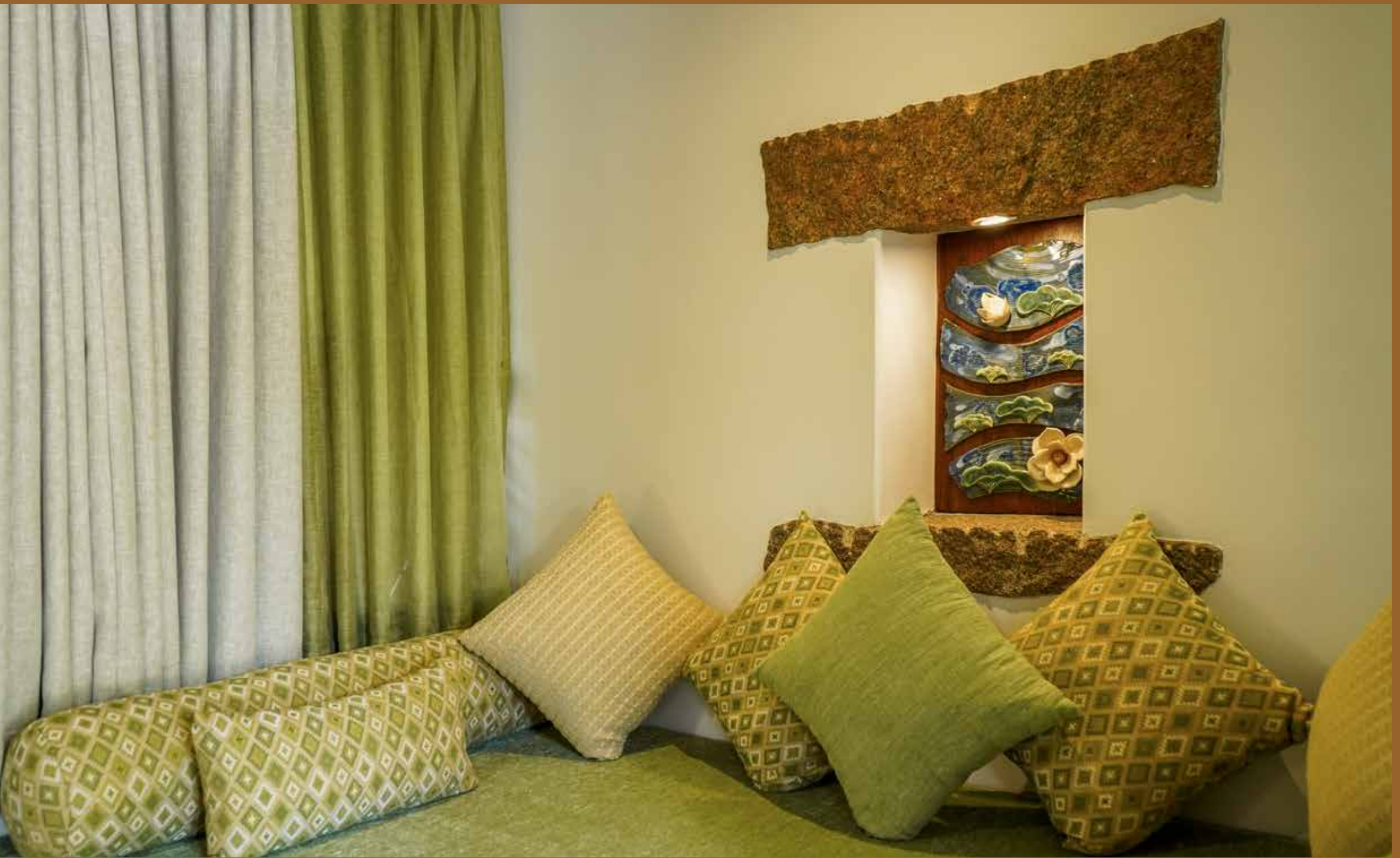
The soul of Sanctuary Amaidiyana lies in its craftsmanship - hand-cut stone, reclaimed wood, locally forged metal, and consciously replanted teak - all executed by artisans who honour both nature and community.











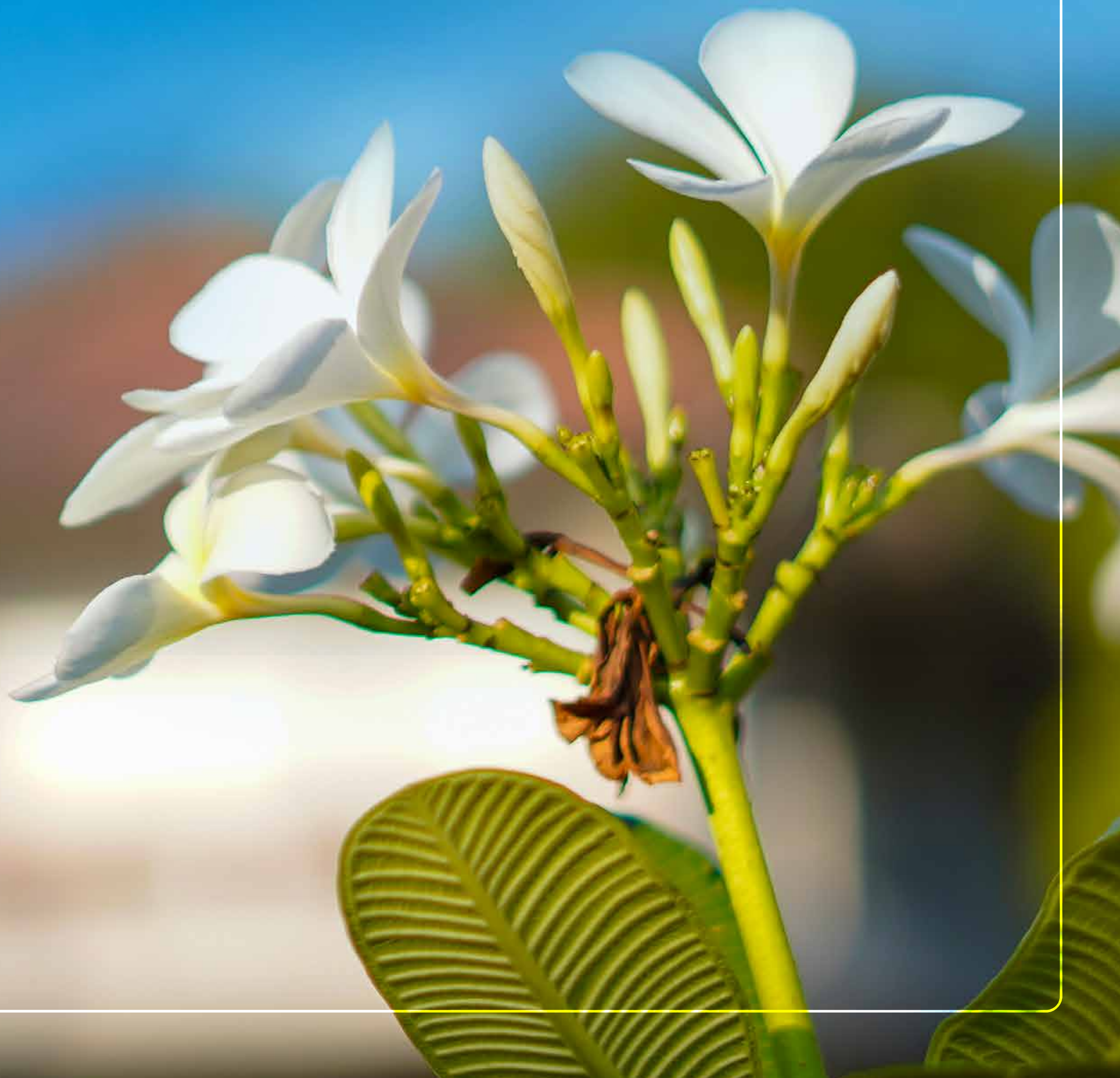


# A Life Of Heiwa

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Heiwa is the Japanese word for 'peace & harmony' and the luxurious Japanese Heiwa Room at Sanctuary Amaidiyana is crafted to put you in this state of being. Designed by Poppo Pingel, the spaces are an architectural haiku that channel transience and expression.

The roof, designed like two palms joined together in prayer, cradles the space beneath it, representing shelter and devotion. At the heart of the design is the Japanese rock garden – an experiential space of Zen mindfulness and balance, inviting the guest to pause and reflect.













# Quieten The Mind And Rejuvenate The Body

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Discover the art of listening to your inner self through meditation



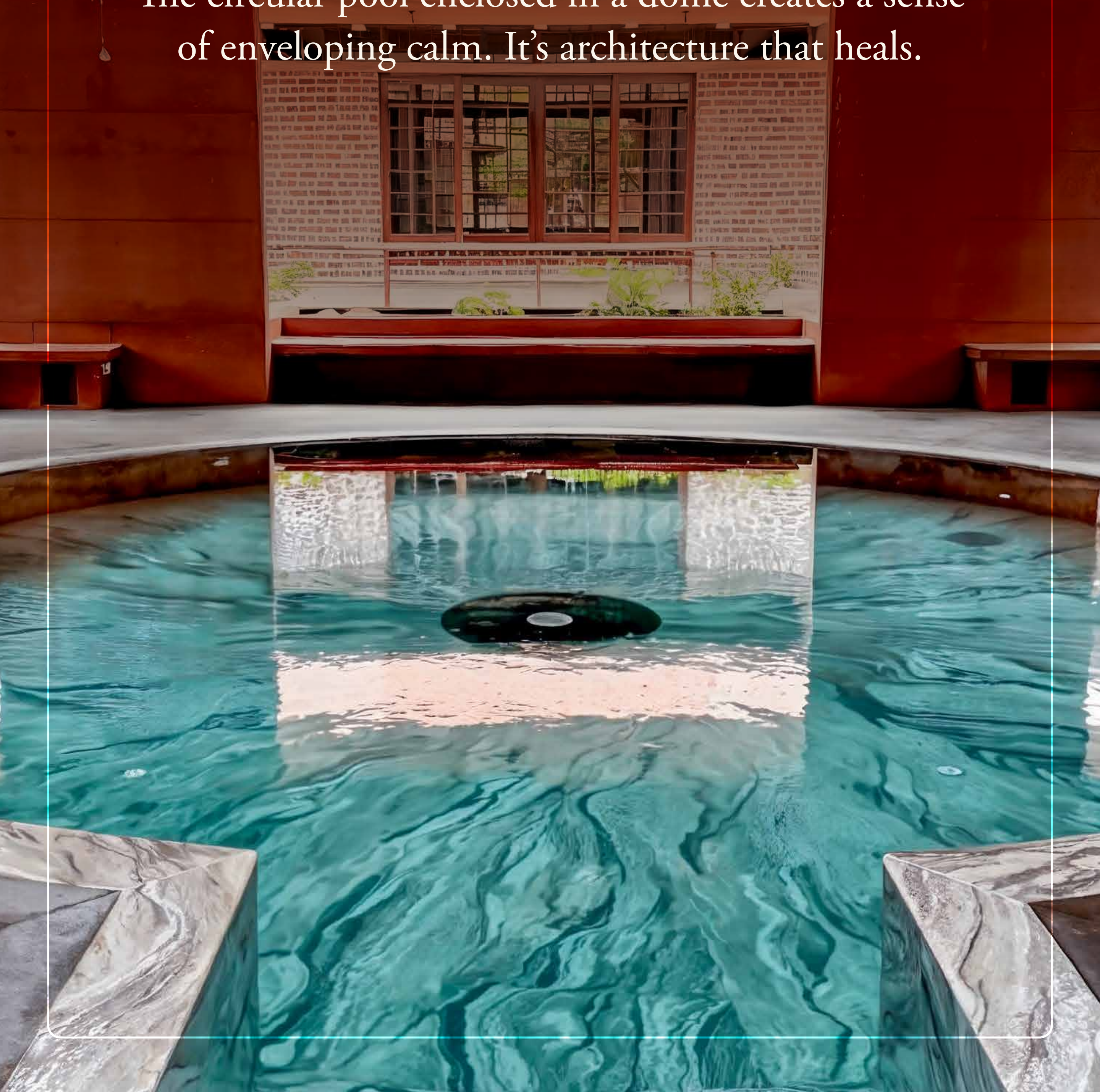
Find harmony with the Universal Life Force through Ayurveda



# Surrender To Calm In The Watsu Pool

Watsu Aqua Therapy is a rare and deeply soothing Japanese practice that gently places you in warm 32–34°C water, while therapists assist you with fluid stretches and cradle-like movements. Described by many as a sensation that makes you feel ‘completely held, like in a mother’s womb’, it evokes a state of safety, release, and emotional harmony.

The circular pool enclosed in a dome creates a sense of enveloping calm. It’s architecture that heals.





# Conscious Cuisine Crafted With Purpose And Served With Soul

Our culinary philosophy of food sustainability, sensory pleasure, and gastronomic excellence, creates a dining experience that's both mindful and indulgent. Our menu, a showcase of locally sourced ingredients, draws inspiration from the Conscious Cuisine ethos of CGH Earth as well as the rich, vibrant food culture of Tamil Nadu and Auroville.





# Experiences To Inspire The Artist and Dreamer Within

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Let your creativity unfold through  
curated experiences created for you by  
Sanctuary Amaidiyana.

Coconut Shell & Bamboo Crafting |  
Drumming | Musical Instrument Making |  
Block Printing | Fabric Painting | Chocolate  
Factory Tour And More





# Pondicherry & Auroville: A Journey Through French Colonial Heritage & Modern Community Living

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Discover Pondicherry's French colonial  
grace and Auroville's sustainable soul from  
Sanctuary Amaidiyana.

Auroville Visit | Pondicherry Heritage Walk  
Rural Livelihood Tour | Temple Trails  
Spiritual Journeys | Sailing | Organic Farm  
& Permaculture Tour And More





# Where Comfort Finds A Place

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- 22 Rooms Across 3 Categories
- 1 Deluxe Room With Private Pool And Japanese Garden
- Swimming Pool
- Watsu Pool
- Ayurveda Centre
- Yoga & Meditation Hall
- Restaurant
- Pool Café
- Kitchen Garden



Address: Near Auroville Rd,  
Bommayapalayam, Kuilapalayam,  
Tamil Nadu, India.

